

WE ARE THE RESISTANCE

But if you think this fight is romantic or glorious, think again — exhilarating as the women's march was, the road ahead will be perilous **Vicky Mochama in Washington, metroVIEWS**

ELIZABETH CAMERON/FOR METRO



Calgary

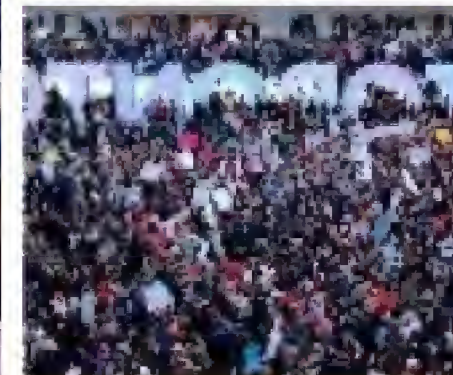
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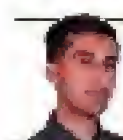
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Beloved artist heart of theatre

COMMUNITY

Friends, family celebrate the life of Thomas Poulsen



Aaron Chatha
Metro | Calgary

Wonderful, mischievous — and a thoughtful activist and advocate — Calgary artist Thomas Poulsen was a well of inspiration during his life.

He passed away earlier this month, leaving a hole in the Calgary arts community.

Of all his successes, Poulsen was widely recognized as a leader in integrated dance with MoMo Dance Theatre (integrated dance meaning traditional technique with mixed or disabled dancers).

Poulsen, who had cerebral palsy, first walked into MoMo theatre shortly after it opened in 2003.

He actually arrived with a friend, who had a developmental disability, and was there in a support capacity. He hoped the dance theatre would be good for his friend — it ended up being good for them both.

"Eventually, the other guy drifted off, but Thomas stayed with it forever," said Pamela Boyd, MoMo founding artistic director. "He is MoMo, in my mind. It's very difficult — very difficult — to think about the MoMo community without Thomas, without him contributing to our work. It's a very sad event."

He was a staple throughout



many Calgary endeavours, not only in the arts, but standing up for the underrepresented.

"He fought strongly for everybody's rights, not just the disabled, but everybody," explained his brother, Simon Poulsen. "He wanted an inclusive society where we are all equals."

Simon said his brother never

let his disability get in the way of anything he wanted to do — from dance to becoming a ski instructor.

"I'm a little biased, but I think he was the most amazing person," Simon chuckled.

Simon and his sister, Sarah, have organized a memorial service for their brother, to take

place on Jan. 29 at Festival Hall.

Simon said he's been blown away with the outpouring of love and support since his brother passed — but not necessarily surprised by it all.

Boyd said she expects many to attend the memorial.

"There's no question that he was a trailblazer and a pioneer



1 Dancer Thomas Poulsen was a staple at the MoMo since first walking onto its stage in 2003.

2 Poulsen became known for inspiring people with disabilities to push their limits. PHOTOS CONTRIBUTED

— one of the first disabled performers to break through the barrier between disability arts and mainstream performance," said Boyd.

"I think that's very significant. And he was visually a very interesting man — if he was there, you noticed him."

"He'll be hugely missed."



He fought strongly for everybody's rights, not just the disabled.

Simon Poulsen

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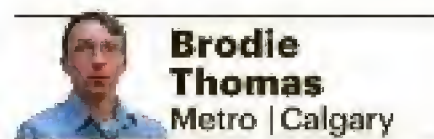
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Council gets peek at Games bid

BUDGET

But overall cost of hosting event won't be made public



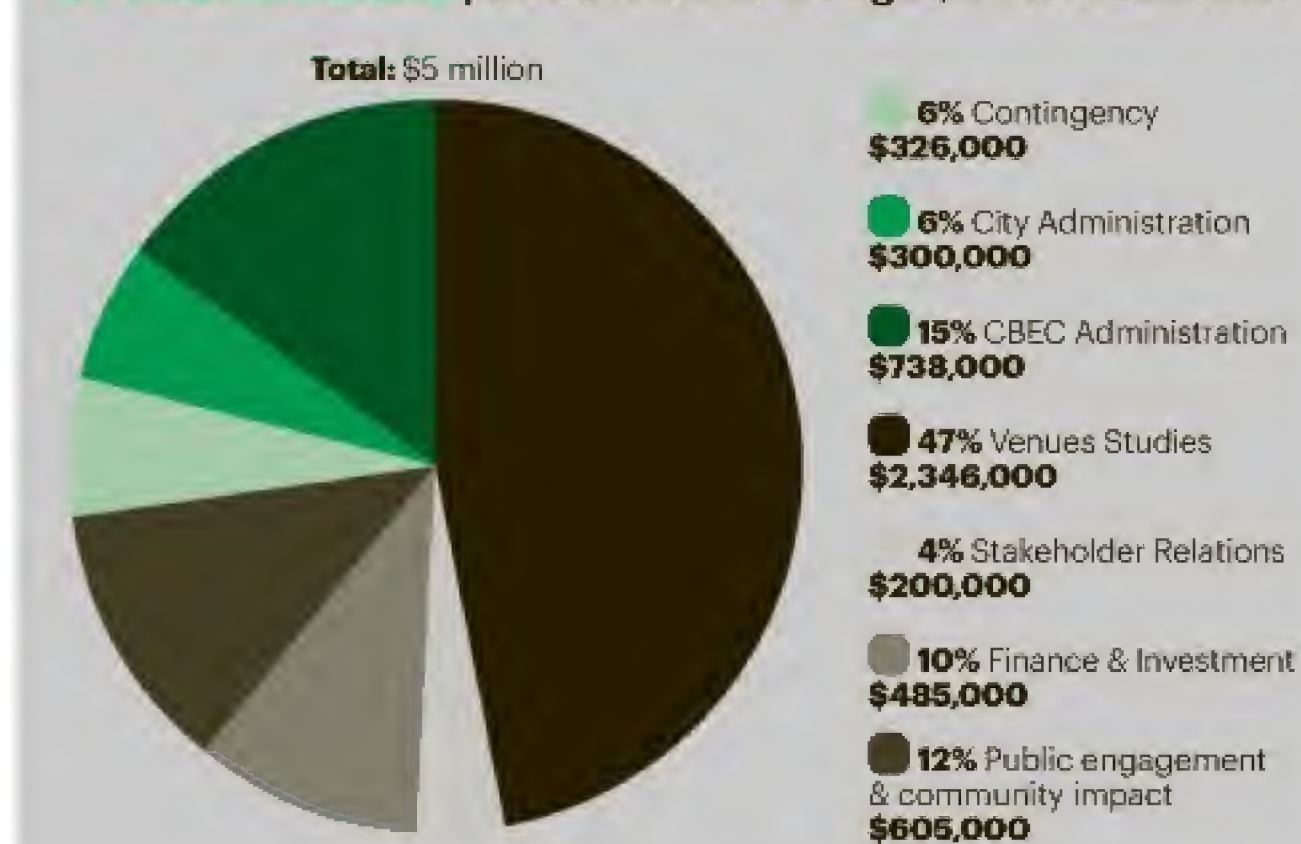
Brodie Thomas
Metro | Calgary

Council is getting its first report on how the Calgary Bid Exploration Committee's (CBEC) work is progressing, but some of the most interesting documents remain under wraps for now.

Councillors, but not the public, will get a peek at the feasibility assessment, which is an attempt to get an overall cost of hosting the Olympic and Paralympic games. The committee will then compare that number against available funding sources.

The report does have a broad overview of how this will be calculated. It takes into account economic costs but also economic and social

BY THE NUMBERS | CBEC Refined Budget, 2016 December



value, and suggests if the gains are equal to or greater than the city's net cost, that could green-light a bid.

University of Calgary economist Trevor Tombe notes that

early in the process, the Calgary Sport Tourism Authority put forward some very optimistic numbers of what the economic benefits from hosting would be.

Tombe said from an economics standpoint, those numbers are always overinflated because they don't take into account unintended costs. "I hope that they take the

economic valuation component of this more seriously than the initial estimates put forward by the Calgary Sport tourism authority," said Tombe.

The public will also not get to see a detailed report of how CBEC is spending the \$5 million allocated in July to study the feasibility of hosting the 2026 Winter Olympics.

What you will see is the high-level breakdown of that spending. Administration notes that while CBEC has received in-kind donations of services, space and equipment, there are no philanthropists stepping up to help pay for the study.

Coun. Evan Woolley said the bid exploration process right now is just a fraction of what the actual bid could cost — an estimated \$50 million. And even then, there's the risk of losing to another city. "We haven't really asked Calgarians thoroughly if they're interested in us taking that on or not," he said.

Woolley said the assessment of sports facilities needed to be done anyway, but he can't



We haven't really asked Calgarians thoroughly if they're interested in us taking that on or not.

Coun. Evan Woolley

see the city moving forward with a bid unless the provincial and federal governments step up to pay much of that cost.

"We're trying to tighten the belt and run a lean organization, if there's something that we want to do, something else has to come off the table," said Woolley.

Coun. Druh Farrell, who has been opposed to hosting from the start, thinks the province could put an end to the speculation right away.

"I'd like to determine immediately whether or not the province is interested. And if they're not, then let's move on," she said.

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TOWN HALL

What Calgarians want to know from Justin Trudeau



Elizabeth Cameron
For Metro | Calgary

Prime Minister Justin Trudeau is currently travelling across Canada to touch base with Canucks.

On Tuesday, the Liberal leader will be at the University of Calgary's MacEwan Hall to take questions from Calgarians.

Jenna LeBlanc, a student at St. Mary's University in Calgary, is hoping for a chance to ask Trudeau about his plan for a federal carbon tax, set to roll out in 2018.

The biological studies student isn't opposed to the idea of a country-wide carbon tax — but she wants to know where the money is going.

"I'd like to know if that money will be reinvested in clean-energy initiatives, or maybe used for infrastructure that lets people use less carbon-heavy options, such as bike lanes or public transit," LeBlanc said.

More than 1,000 people have expressed interest on Facebook for attending the event, including Rachel Smith-Gay, a Canadian Studies student at UofC.



Prime Minister Justin Trudeau will be at the University of Calgary on Tuesday to take questions. THE CANADIAN PRESS

"I have a lot of questions and concerns regarding First Nations, Métis and Inuit issues, particularly what concrete actions are actually being taken in regards to the national inquiry into missing and murdered indigenous women and girls," Smith-Gay said.

Andrew Thompson, a Grade 12 student at Rundle High School in Calgary who plans on attending the event, said he feels there is a disconnect between the prairie provinces and Ottawa.

"I plan to ask Mr. Trudeau

what his goals are in terms of closing the communication gap between himself and western voters," Thompson said.

High River resident Treena Newton is concerned about the new president south of the border.

"I'm concerned about the shift in our relations with the U.S. and curious what Trudeau might be anticipating," Newton said.

She also wants to ask how Canadians can best support actions being taken on climate change.

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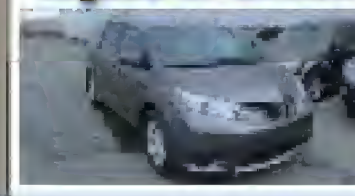
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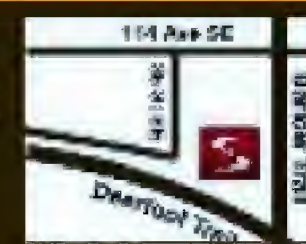


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'I'm not afraid' of haggis

TRADITION

Robbie Burns dinner served at the Calgary drop-in centre



Elizabeth Cameron
For Metro | Calgary

You're probably familiar with his famous song Auld Lang Syne, the ever-popular New Year's Eve tune.

Several hundred people at the Calgary Drop-In and Rehab Centre (DI) enjoyed highland dancers, bagpipes and a hearty Scottish meal at the annual Robbie Burns dinner put on by the St. Andrew-Caledonian Society of Calgary.

Robbie Burns was a Scottish poet and lyricist who died in 1796.

Sunday was New Brunswick native and DI client Robert Damery's first Robbie Burns dinner.

Damery's family came to Canada from Cork, Ireland in 1846. He remembered the



Highland dancers perform at the Robbie Burns dinner hosted by the St. Andrew-Caledonian Society of Calgary at the Calgary Drop-In & Rehab Centre on Sunday. ELIZABETH CAMERON/FOR METRO

music his two older brothers used to play in their pipe bands.

"I grew up with the pipe bands, I love it," Damery said.

He's fully aware of the ingredients in haggis — a traditional Scottish pudding full of

sheep's pluck, oatmeal, spices, and served in a sheep stomach encasing.

Damery was more than ready.

"I'm not afraid of it," he said. Robbie Burns set many of his

poems to well-known tunes, so people of the day would know how to sing along.

Leela Aheer sang a few songs from Burns' repertoire for the crowd.

"Music brings people togeth-

er, it's a reason to gather — if I can provide something that helps bring the whole event together, I just feel really honoured," the Wildrose MLA for Chestermere-Rocky View said.

Previous to her political career, Aheer was a musician.

One song she performed for DI clients on Sunday was A Red, Red Rose — a popular wedding song derived from a Robbie Burns poem.

Aheer said Robbie Burns dinners bring people together as a community.

"If they do come from Scottish heritage we're able to bring this event to them which they may have celebrated with their families in the past, and hopefully we can bring back some of those memories," Aheer said.

"These folks are in some hard times right now, so if we can give them an afternoon of music and some love, well, I can't imagine a better way to spend my afternoon."

She won't be eating any Haggis — Aheer is vegetarian.

"I'll serve it to lots of people, I have no problems touching it — but it won't enter my body," she said, laughing.

BYELECTION

Libs pick candidate

Liberals have chosen Haley Brown to run for their party in the upcoming Calgary-Midnapore byelection.

The byelection is to replace Jason Kenney, who stepped down to run for the leadership of the provincial PC party.

Brown previously ran against Kenney in the 2015 federal election.

The PCs have already chosen Stephanie Kusie to represent them in the byelection. A date for the byelection has not yet been set. METRO



IN BRIEF

Father of Calgary Flames president dies, age 90

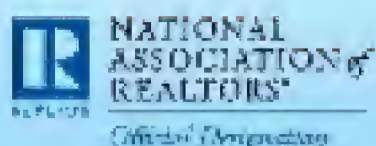
William (Bill) James Burke, father of Calgary Flames president of hockey operations Brian Burke, died at the age of 90 on Friday. The team announced Sunday that the elder Burke passed away peacefully in Vero Beach, Fla. A funeral mass will be held Wednesday in Vero Beach.

THE CANADIAN PRESS



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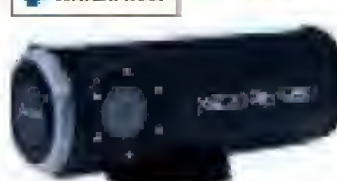
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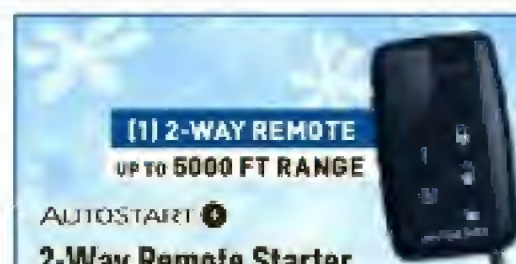
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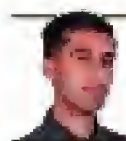


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ENTERTAINMENT

Calgarian gets the call for Fargo role



Aaron Chatha
Metro | Calgary

Calgary actress Caitlynn Medrek has only shot one episode as part of Fargo Season 3's cast, but it's been a blast so far.

And why wouldn't it be — she's playing the part of Ewan McGregor's daughter.

"He is everything you would dream of your role models and idols being," she exclaimed. "So

sweet, so down to earth, so nice. I felt like he really embodied that dad I'd want to have as my character. I can't wait to work with him more."

Medrek originally auditioned for the role in October of last year, and like many casting calls, time went by without her hearing a word.

Then in December she got the call.

The previous two seasons of Fargo were filmed in Alberta, and the third season in the anthology



Caitlynn Medrek CONTRIBUTED

series is no exception. Filming began earlier this month and

the cameras are rolling away.

For Medrek, Calgary has grown into a city full of opportunities, with a vast array of westerns, television shows and horror films shooting in the city and the mountains.

And the community is very welcoming and supportive.

"I think there's a lot of opportunity here for actors to make their own work when there isn't a lot of work available," she said.

Fargo Season 3 is expected to air later this year.

METRO ASKS

Why did you march?

Metro asked people why they were marching at the Calgary Women's March on Washington Saturday, held at Olympic Plaza and city hall.

Thousands of men, women and children attended the event in Calgary, with hundreds of thousands more gathering around the world.

ELIZABETH CAMERON FOR METRO

I came to show solidarity with everyone marching in Washington and the U.S. I don't agree with anything Donald Trump stands for. I'm marching today as a queer woman and I'm here with my indigenous friends.



Emile Maine

I brought my son because we're trying to teach him equality and respect for women, the LGBTQ community, and everyone... things happened yesterday that do not allow that to happen.



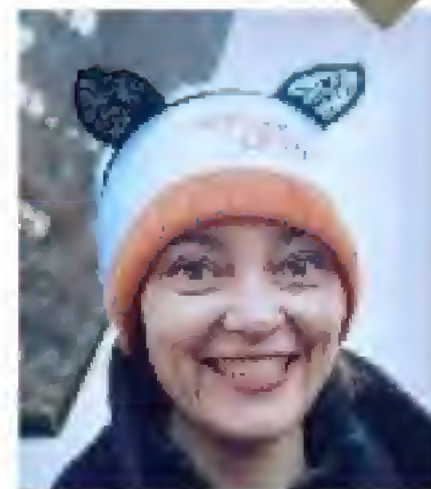
Kerri Singh

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William Paish and daughter Josephine, 3.

It's important in these times of uncertainty to remember that compassion, education and creation are what is going to guide us through.



Micheline Maylor, Calgary's Poet Laureate

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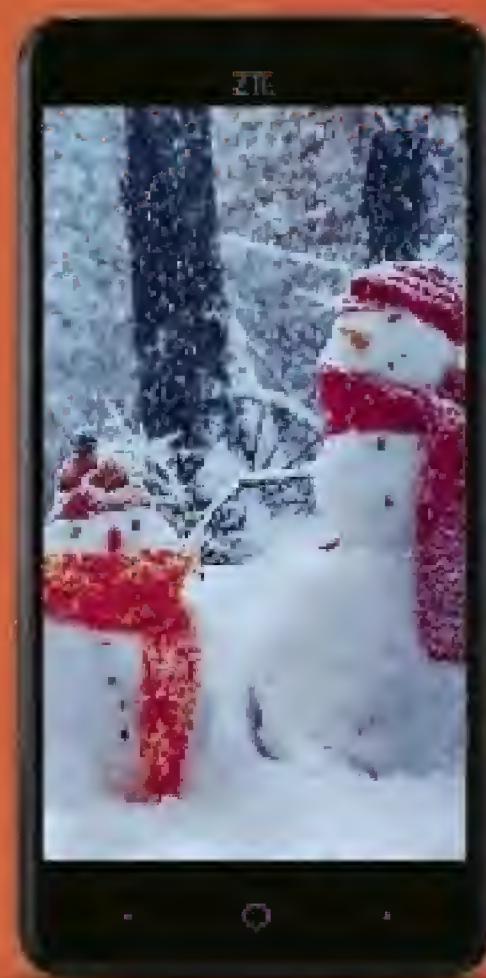
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A history of helicopter heat

ETHICS

Trudeau not the first to stir controversy over private flight

If only Justin Trudeau had bumped into Earl Deveau at the airport in the Bahamas — he might have been able to save himself a chopper-load of political grief.

After all, Deveau — formerly the island nation's environment minister — has himself been a passenger on board the Aga Khan's private helicopter, just like Trudeau, and was made to suffer the professional consequences.

It was September 2010 when someone snapped a photo of Deveau walking away from the helicopter in question during a stopover on his way to the Aga Khan's private island.

For Deveau, the political perils were decidedly more glaring.

The Aga Khan was seeking permission to dredge offshore from his island, inside an established marine reserve, in order to make room for his massive luxury yacht, among other vessels. Locals feared irrevocable environmental harm.

The area, known as the Exumas, had become popular with celebrities and super-wealthy people keen on owning their own island. Indeed, the Hollywood Reporter calls the Bahamas the



PM Justin Trudeau has sparked controversy after boarding a private helicopter owned by Aga Khan. THE CANADIAN PRESS

"epicentre of the private-island world."

Owners include actor Johnny Depp, singers Faith Hill and Tim McGraw and former investment banker Steve Harrington.

The Aga Khan — the wealthy philanthropist and hereditary spiritual leader to the world's approximately 15 million Ismaili Muslims — happens to be a close family friend of Trudeau's.

Trudeau has been facing heat over the flight ever since the National Post reported on his family holiday at the Aga Khan's island, which also included Liberal MP Seamus O'Regan and Liberal

party president Anna Gainey.

The federal Conflict of Interest Act and Trudeau's own ethics guidelines for his cabinet ministers bar the use of sponsored travel in private aircraft, allowing it only for exceptional circumstances and only with the commissioner's prior approval.

The act also prohibits a minister or any member of their family from accepting gifts or "advantages" that could reasonably be seen as influencing government decisions. The only exception is if the person providing the gift is a friend.

The federal ethics commis-

sioner is looking into the holiday and the chopper flight. Trudeau has repeatedly called the Aga Khan a longtime family friend who served as a pallbearer at his father's funeral.

Back in 2010, there were immediate calls for Deveau's resignation. The Bahamian newspaper the Tribune quoted him as saying he couldn't be bought with a single flight.

Then-prime minister Hubert Ingraham stood by his minister, admitting that he, too, had hopped a ride in the very same helicopter to meet with the Aga Khan and foreign dignitaries.

At the time, a frequent political argument — similar to that of Trudeau — was that there was no other means of accessing the 140-hectare Bell Island, which the Aga Khan reportedly purchased in 2009 for \$100 million US.

Another: In the island archipelago of the Bahamas, local politicians ride regularly in private helicopters owned by developers.

Such practices were also commonplace in Canadian politics, but are now expressly forbidden under federal ethics rules, which is why the flight was controversial. THE CANADIAN PRESS

ALBERTA

Domestic violence leave now a reality

A union in Alberta has negotiated domestic violence leave for members who work at a long-term care facility.

The United Steelworkers says the agreement means Rivercrest Care Centre workers who are victims of domestic violence can take paid leave for legal, medical and counselling appointments without fear of losing their jobs.

Ray White, president of Local 1-207, said the contract language is a first for the union in Alberta and it plans to table similar proposals with other employers.

"The stigma attached to domestic violence is bad enough without having to go to your employer hat in hand begging for time off," he said.

"We have it on three other contract tables right now and, as they become available, we will be putting the proposal forward at every place we bargain."

Blair Halliday, chief operating officer of Qualicare Health Services Corp., said he was initially surprised when the union tabled the proposal for workers at the Fort Saskatchewan nursing home. But after learning more about domestic violence, the company decided it was the right thing to do for the employees, who are mainly women.

Halliday said the benefits outweigh the cost, even in Alberta's tough economy.

"We thought it was a reasonable thing to do," Halliday said.

The union hopes provincial governments will take action to ensure all people can take time off to get help they need, he said.

Alberta Labour Minister Christina Gray said the government will look at domestic violence leave as part of a review of the province's labour laws, but she gave no indication when that may be. THE CANADIAN PRESS

LA LOCHE

Marking anniversary of deadly school shooting

Prime Minister Justin Trudeau is remembering the anniversary of the deadly La Loche, Sask., school shooting, saying the tiny community has inspired the whole country.

Sunday marks the one-year anniversary of the shooting that

killed two staff and wounded seven others in the high school.

Two teenage brothers were also killed in a nearby home.

Trudeau issued a statement Sunday that said in the year since the tragedy, the people of La Loche have shown resilience,

determination to rebuild and optimism for a better future.

Saskatchewan Premier Brad Wall said in a separate statement that all of Saskatchewan wept with La Loche after the shooting.

He said the province has been working with the community to

strengthen mental health supports, counselling services and programs in La Loche, and continues to measure the effectiveness of those supports.

"We resolve once again as a province to walk with you, to remember the lives that were

lost far too soon, and to turn the pain of loss into seeds of hope for the future," Wall said.

"To the community of La Loche, please accept our deepest sympathies and know that you have our unwavering support," Trudeau said. THE CANADIAN PRESS



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'Everything collapsed on us'

ITALY

Avalanche survivors tell harrowing stories

Some of the lucky ones were sipping hot tea near the fireplace in their mountain resort hotel, waiting for snowplows to arrive so they could finally go home, after a winter holiday made nerve-wracking by a day of ground-shaking earthquakes and heavy snowfall.

Suddenly, Vincenzo Forti and girlfriend Giorgia Galassi were knocked violently off a wicker sofa. A few other guests nearby tumbled off their chairs in the elegant yet rustic reception hall.

An avalanche of snow — and not a tremendously powerful earthquake as survivors first imagined — had just barrelled down the mountainside Wednesday evening, smashing into the Hotel Rigopiano and trapping more than 30 holiday-makers, including four children, and workers inside.

On Sunday evening, rescuers



A rescue team works at the avalanche-hit Hotel Rigopiano. CONTRIBUTED/AFP/GETTY IMAGES

spotted a man's body in the wreckage, raising to six the number of confirmed dead. Twenty-three others remained missing, with hopes dependent on whether anyone might have found survival in some air pocket searchers hadn't

yet reached.

While the nine people who were eventually rescued, including all the children, remained hospitalized Sunday, some details of their harrowing survival accounts began emerging, through family, friends

and rescuers who spoke with them at their bedside or by telephone.

Among the details: the seemingly endless isolation, since the snow absorbed any sound from the outside world.

"There were four of us, in

front of the fireplace, drinking tea," Galassi recalled.

Suddenly, "everything collapsed on top of us, and I didn't understand anything anymore," Galassi, a 22-year-old university student, told Radio Giulianova, a radio station her hometown of the Adriatic coastal town of Giulianova, where Forti, 25, owns a seaside pizzeria.

Cut off from the outside world, the couple heard no sound. But "we were convinced that someone would come, because it was impossible they wouldn't be aware of us," Galassi said. "We banged until I couldn't anymore, we yelled."

"It was like we were in a tin can," she said.

There was no food, but there was ice, from the avalanche.

"We ate ice, that was our fortune," Galassi said.

Forti's fishing buddy, Luigi Valiante, added more details, telling reporters after visiting him in a hospital Sunday that the young man "realizes he is a miraculous survivor. Also considering where he was — a square metre (space) in the cold, without lights, with a broken sofa, a girder splitting it up." THE ASSOCIATED PRESS

SETTLEMENTS

Israel delays key vote

Israeli Prime Minister Benjamin Netanyahu delayed a vote Sunday on an explosive proposal to annex one of the West Bank's largest settlements, apparently to co-ordinate his policy toward the Palestinians with the new administration of U.S. President Donald Trump.

The move put on hold legislation that threatens to unleash fresh violence and damage already faded hopes for Palestinian independence. It also may mark Trump's first foray into Middle East diplomacy.

After eight years of frosty relations with President Barack Obama, Netanyahu has welcomed Trump's election as an opportunity to strengthen ties between two allied nations.

With Trump signalling a more tolerant approach toward the much-maligned settlement movement, Israel's nationalist right now believes it has an ally in the White House, and Israeli hard-line leaders make no secret they will push for aggressive action in the occupied West Bank.

Education Minister Naftali Bennett, leader of the pro-settlement Jewish Home Party, has been pushing Netanyahu to abandon the internationally backed idea of a Palestinian state and to annex the Maaleh Adumim settlement near Jerusalem. But after convening his Security Cabinet on Sunday, Netanyahu said his Cabinet ministers, including Bennett, had decided "unanimously" to delay action until he goes to Washington to meet with Trump. Netanyahu's office said the Cabinet would hold further discussions ahead of the meeting, which is expected in early February.

THE ASSOCIATED PRESS

EDUCATION

Rhode Island looks to pioneer free tuition for all

A college-for-all idea that sparked Democratic voter enthusiasm during the presidential race could now be tested in the smallest American state.

Democratic Gov. Gina Raimondo said she is pushing to make Rhode Island the first state to guarantee free access for every student who wants to go to college. The idea of expanding free public education beyond high school catapulted into the national discourse during Vermont Sen. Bernie Sand-

ers' Democratic presidential campaign, and is now being considered seriously by states including New York.

"As a country we have to start asking ourselves, 'Isn't it the right thing to do now?'" Raimondo said in an interview. "What's the magic of 12th grade? Once upon a time, that's what you needed to get a job. Those days are long gone and vanishing quicker every day."

At a cost she described as a \$30 million "drop in the buck-

et" of Rhode Island's \$9 billion budget, Raimondo's proposal would give in-state residents two years of free tuition at public colleges. Details were released Thursday when Raimondo submitted her annual spending plan to state lawmakers. It would need approval from the legislature, which has the nation's second-largest Democratic majority.

Republican leaders are calling it another costly entitlement. Democratic House

Speaker Nicholas Mattiello, who has prioritized tax cuts, called it a "laudable goal" but hasn't endorsed it. He said it will have to be vetted by a finance committee.

News of the idea quickly spread among high school students and "people are excited," said 18-year-old Rachel Berson, a senior at the suburban North Kingstown High School, which sends many graduates to the nearby University of Rhode Island. But while cost

is a consideration for Berson and her family, so is her desire to study elsewhere. "The reason I wanted to go out of the state is just for a new perspective, new experiences, just to learn a little bit more about the world," she said.

Raimondo's program would cover a two-year education at the Community College of Rhode Island or the final two years of a four-year-degree at the University of Rhode Island.

THE ASSOCIATED PRESS

POLITICS

Gambia's ex-ruler empties coffers, flees with luxury cars

Exiled Gambian ruler Yahya Jammeh stole millions of dollars in his final weeks in power, plundering the state coffers and shipping out luxury vehicles by cargo plane, a special adviser for the new president said Sunday.

Meanwhile, a regional military force rolled in, greeted by cheers, to secure this tiny West African nation so that democratically elected President Adama Barrow could return home. He remained in neighbouring Senegal, where he took the oath of office Thursday because of concerns for his safety.

At a press conference in the Senegalese capital, Barrow's

+ IN EXILE

Gambian ruler Yahya Jammeh, who went into exile under mounting international pressure, is now in Equatorial Guinea, home to Africa's longest-serving ruler and not a party to the International Criminal Court.

special adviser Mai Ahmad Fatty confirmed that Jammeh made off with more than \$11.4 million US during a two-week period alone. That is only what

they have discovered so far since Jammeh and his family took an offer of exile after more than 22 years in power and departed late Saturday.

"The Gambia is in financial distress. The coffers are virtually empty. That is a state of fact," Fatty said. "It has been confirmed by technicians in the ministry of finance and the Central Bank of the Gambia."

Fatty also confirmed that a Chadian cargo plane had transported luxury goods out of the country on Jammeh's behalf in his final hours in power, including an unknown number of vehicles.

Fatty said officials at the Gambia airport have been ordered not to allow any of Jammeh's belongings to leave. Separately, it appeared that some of his goods remained in Guinea, where Jammeh and his closest allies stopped on their flight into exile.

With Jammeh gone, a country that had waited in silence during the crisis sprang back to life. Shops and restaurants opened, music played and people danced in the streets.

Some of the 45,000 people who had fled the tiny country during the crisis began to return. THE ASSOCIATED PRESS



Senegalese ECOWAS (Economic Community of West African States) soldiers arrive in Banjul on Sunday. AFP/GETTY IMAGES

CANADA

Ready to confront a new reality

Prime Minister Justin Trudeau and his federal Liberal government will confront the reality of Donald Trump in the White House as his cabinet members begin gathering Sunday in Calgary for a three-day retreat that are to include discussions with an adviser to the new president.

Up to now, Trudeau has had a relatively smooth ride guiding Canada's relations with the U.S., thanks to being so sympathetic with Barack Obama — natural allies on climate change, with a close personal relationship that oozed brotherly affection.

Now the Liberals are girding for a major reset with Washington, which is expected to be the preoccupying pastime for Liberal ministers during their upcoming meetings.

Dominic Barton, the head of the Trudeau government's influential council of economic advisers, is also set to attend. Earlier this month, he cautioned that Trump's pledges on trade and taxation must be taken seriously in Canada.

The Liberal government hopes to send a message to the Trump administration that Canada and the U.S. have a shared agenda, Natural Resources Minister Jim Carr said Sunday in Calgary.

"We will have to see what the administration actually does," he said.

Earlier Sunday in Washington, Trump said he had scheduled meetings with Trudeau and Mexican President Enrique Peña Nieto and signalled negotiations will have to begin on NAFTA.

"I ran a campaign somewhat based on NAFTA," Trump said. "But we're going to start renegotiating on NAFTA, on immigration, on security at the border."

The date of the meeting between Trudeau and Trump has yet to be announced.

THE CANADIAN PRESS

International outpouring sends message to Trump

WOMEN'S MARCH

Millions come out to over 600 sister marches worldwide

In a global exclamation of defiance and solidarity, millions of people rallied at women's marches in the nation's capital and cities around the world Saturday to send President Donald Trump an emphatic message on his first full day in office that they won't let his agenda go unchallenged.

Trump responded Sunday, undermining the public opposition then defending demonstrators' rights a short time later.

"Watched protests yesterday but was under the impression that we just had an election! Why didn't these people vote? Celebs hurt cause badly," tweeted Trump, at 7:51 a.m. Ninety-five minutes later, he struck a more conciliatory tone.

"Peaceful protests are a hallmark of our democracy. Even if I don't always agree, I recognize the rights of people to express their views," the president tweeted at 9:26 a.m.

And protesters had done just

that.

"Welcome to your first day, we will not go away!" marchers in Washington chanted.

Many of the women came wearing pink, pointy-eared "pussyhats" to mock the new president. Plenty of men joined in, too, contributing to surprising numbers everywhere from New York, Philadelphia, Chicago and Los Angeles to Mexico City, Paris, Berlin, London, Sydney and even Antarctica.

The Washington rally alone attracted over 750,000 people — apparently more than Trump's inauguration drew on Friday. It was easily one of the biggest

demonstrations in the city's history, and as night fell, not a single arrest was reported.

The international outpouring served to underscore the degree to which Trump has unsettled people in both hemispheres.

Around the world, women brandished signs with slogans such as "Women won't back down" and "Less fear more love." They decried Trump's stand on such issues as abortion, health care, diversity and climate change. And they branded him a sexist, a bully, a bigot and more.

All told, more than 600 "sister marches" were planned world-

wide. Crowd estimates from police and organizers around the globe added up to approximately four million.

Tens of thousands of protesters squeezed into London's Trafalgar Square. In Paris, thousands rallied in the Eiffel Tower neighbourhood in a joyful atmosphere, singing and carrying posters reading "We have our eyes on you Mr. Trump" and "With our sisters in Washington." Hundreds gathered in Prague's Wenceslas Square in freezing weather, mockingly waving portraits of Trump and Russia's Vladimir Putin.

METRO/THE ASSOCIATED PRESS

4 MILLION STRONG: THE MARCH HEARD 'ROUND THE WORLD



SOLIDARITY

Canadians to American sisters: You are not alone



May Warren
Metro | Toronto

After two nights of sleeping upright on buses, an entire day of walking and more than 24 hours without a shower, a few hundred Canadian women finally arrived back in Toronto on Sunday afternoon.

They were tired but elated and ready to take their energy forward over the next four years, fresh from the historic

Women's March on Washington.

"I believe it's just the start," said Jo-Anne Miller.

The fifty-something seasoned activist made the trip alongside her twenty-something friend Jocelyn Murphy. Their generational split — not uncommon among those in the masses — serves as an example of what made the momentum created over the weekend so important.

The march was 29-year-old Kat Scott's first time doing any-

thing in the "political sphere."

She considers herself a feminist, was inspired to action by Gloria Steinem and "at root" just wants to end sexism.

"It's those moments of just reminding myself that I'm not alone," she said, about the importance of the march. "You can pull on this memory."

The march gave the world a glimpse of the "the power of the people," especially when it comes to fighting the "intersectionality of oppression" women of colour and indigen-

ous women face in Canada and the U.S., Miller said.

Standing out in their red toques amongst the thousands of pink knitted hats that stormed the capitol on Saturday, Canada's women, and some men, were welcomed loudly.

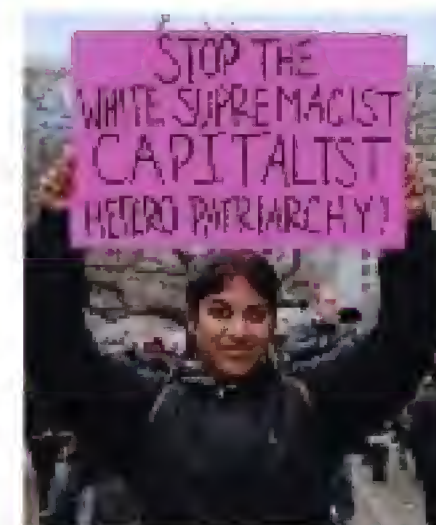
Americans cheered them loudly along the march's route, yelling "thank you for coming," and "you go Canada, you go."

The event was organized as a peaceful gathering in support of diversity, equality and inclu-

sion, not as a protest against U.S. President Donald Trump. But, his face and name popped up throughout, on signs where he was depicted as a clown or as a puppet of Vladimir Putin, and in chants.

At one point near the National Mall, marchers sang out "we don't want your tiny hands, anywhere near our underpants."

But, the movement was about much more. Issues spotted on signs ranged from reproductive rights, to climate change and Black Lives Matter.



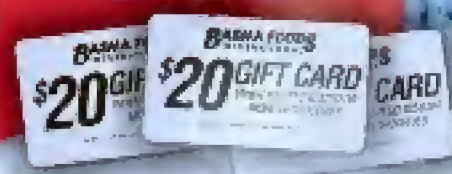
A group of Canadians joined hundreds of thousands of people taking part in the Women's March in Washington. MAY WARREN/METRO

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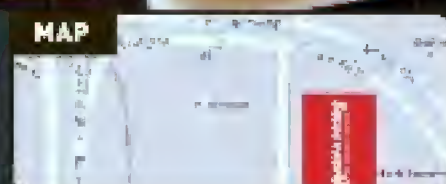
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VICKY MOCHAMA

FIRST STEPS MUST YIELD NEXT STEPS

This weekend's women's marches were, for many, exhilarating moments of respite after months of anxiety. But, now that the triumphant moment has passed, those who would dedicate themselves to political resistance must **prepare for the difficult road ahead.**



At the inauguration, my chest felt tight. Throughout the day, Trump supporters were exceedingly nice to me. A condescending kindness. I was told "Good for you!" about doing my job. A minute later, they'd be yelling "Lock her up" or "Make America great."

At the women's march, I exhaled, finally letting go of the breath I'd been holding in since election night.

My cousin and aunt, D.C.-area residents who put me up for the weekend, have been apoplectic and yet resigned, unable to bear watching anymore election coverage but unable to look away. But at the march, my cousin said, "I don't know what I expected. It's just so nice not to feel alone."

My cousin is determined not to let the Trump presidency disrupt her dreams. She's engaging with it. She has signed up for a newsletter from Shaun King, a reporter and civil rights activist, that alerts her to legislative issues and what she can do about them.

All over, Americans are resisting Trump and will continue to resist him. Clearly, this election has been a political awakening for so many. But there's nothing romantic or glorious about it.

The coalition of people who attended this past weekend's marches face an abyss: denial of climate change, increased restrictions to a woman's right to choose, an end to religious freedom and social liberty for Muslims, the denial of citizenship for immigrants, an administration that is brazen in its lies.

Exhilarating as the march was, the road ahead will be perilous and exhausting.

All the progress of the Obama presidency — both

in its racial significance and its actual policy making — is now threatened. But the system that put Trump in office is not in any way new. Much as the emancipation of slaves was

and trickle-down economics that became ascendant under Reagan and have remained so ever since.

To some, this election is the natural conclusion of a nation built on white

According to DC Metro, the day of the women's march was the second largest in total ridership, at just over one million. The record for first place is held by the first Obama

day before, but pretty white.

Black, latino and indigenous people were there but not with the fullness and volume that they had been eight years ago. The march

latino and indigenous activists.

The presumption of innocence and the safety that white protesters are afforded by the police was evident at the women's march. At the same time that non-white activists are advocating for change, white allies can step up to ensure their safety.

In an interview with NPR, the New York Times' Nikole Hannah-Jones said, "It is important to understand that the inequality we see... is both structural, it is systemic, but it's also upheld by individual choices."

The threat that the Trump administration represents cannot be brushed aside. White allies must seek to ensure not just their self-interest but the safety of others. By continuing to show up, the privileges of whiteness can be extended to the oppressed.

The decision to show up to Washington, D.C., on an overcast day in January is an important choice and a powerful first step. In the days, weeks and months of the next four years, first steps must become next steps.

Contact Vicky at vicky.mochama@metronews.ca or Twitter: @vmochama

INAUGURATION OF ... WHAT?

by Ani Castillo



Last Friday a helicopter came to the White House and took Obama away forever. Inside I screamed, "Barack, don't leave!" It felt as if the only responsible adults were leaving the house.



Donald's superpower is his extreme visibility. My theory is that many people voted for him because familiarity had, in the unconscious, become trust. A case study in marketing.



Will give attention and screen time to leaders who are working towards healing the planet and creating peace?



It is safe to say that most living creatures on earth didn't want Donald to receive the power he's been granted.



What will this inauguration mean to us? An era of hate or an era of unity? An era of apathy and detachment or an era of intense activism? My highest hope is that we will stand up for the weak, donate money, meet with people. We'll make art, organize marches, make noise, defend what's right! Time will pass. But what will it tell? Only what we choose to do with it.

followed by the terrorism of Reconstruction, the social-welfare edifice of the New Deal and the civil-rights gains of the '60s and '70s were eroded by the law-and-order social policy

supremacy and dedicated to the exploitation and destruction of black, brown, indigenous and female bodies — bodies that have borne the brunt of the pendulum swings of history.

inauguration, in 2009. The march crowd, however, was different from the Obama gathering, which I also attended. This one was pretty white — not as white as Trump's inauguration the

was chaotic and spontaneous, yet the free-flowing movement of masses of people wasn't met with violence by the police.

The same cannot be said of typical protests by black,

PHILOSOPHER CAT by Jason Logan

LOVE IS THE PERCEPTION OF INDIVIDUALS.





Jonathan Forani
Torstar New Service

It has been three years since her first ride, but Casey Graham still remembers the dark candlelit room, the ardent leader at the front, and the thumping beats.

For the 24-year-old, that first SoulCycle spin class in New York City was a celestial thing.

"It was life-changing," says Graham, who works in marketing. She'd never done a spin class before, but heard the boutique indoor-cycling brand dubbed a "party on a bike," was different from the other fluorescent-lit offerings available.

"It doesn't feel like a workout class," she says, but more like an upscale bar in "gym form."

After her ride, Graham felt she'd been welcomed into a "very exclusive" club. She purchased the branded attire and began imploring the company over social media to come to Toronto.

SoulCycle arrives March 2. Its first Canadian location is in Toronto, with another slated for Vancouver by the end of the year. Spin classes are \$28 a pop.

Its arrival is the latest and buzziest of high-end fitness brands that offer far more than a good sweat. These are clubs with personal trainers and stationary bikes as well as apparel shops, vast Instagram followings and celebrity endorsements.

They are not just selling fitness, they are selling a lifestyle.

There's Equinox, with its full-service spa, chilled eucalyptus towels and \$176 monthly memberships; the \$280-a-month CrossFit YKV; the "Pilates on crack" machines of Studio Lagree (\$32 a class) and the "Pilates-meets-ballet" of Pure Barre (\$199 a month).

Pricy fitness boutiques have been around for years, but the levels of specialization and use



SARAH KENNE

Selling the soul of fitness

Saddle up for some \$28 spin classes. Boutique gyms, offering an exclusive sense of tribalism, are booming

of the phrase "boutique fitness" is relatively new, says Margaret MacNeill, University of Toronto associate professor of Kinesiology and Physical Education.

"It gives a sense of high-class. It gives a sense of luxury. And all of those things give a sense of exclusiveness that you're a member of an elite, special, tiny club," MacNeill says.

SoulCycle fan Graham says it's worth the price of admission for the "overall vibe" — the pristine white lobby, the atmospheric lighting of the studio and its instructors who coach riders to

"tap it back," a phrase now popularized by the studio referring to the "squat-on-a-bike" bouncing motion bashed by some critics for being counterproductive and potentially dangerous.

Health and fitness columnist James Fell gave the SoulCycle workout a "failing grade" in 2011 for bad "exercise physiology and biomechanics." Others contest the club's seeming employment of people without fitness backgrounds who have more experience as entertainers.

Gabby Cohen, senior vice-president of PR and brand strat-

egy at SoulCycle, says its full-time instructors (five are expected at the incoming Toronto location) go through a 10-week training regimen and the team has a physical therapist on staff to ensure the workouts do no harm.

As for harm done to the wallet, it's the cost of running a high-end gym. Cohen says full locker amenities with complimentary shampoo, conditioner, body wash, deodorant, free towels, hair ties, gum and earplugs are all provided at the front desk. High-end spots including SoulCycle and Equinox offer a

lifestyle benefits too — nutritional coaching, a kids club, work spaces and lush interiors.

Going boutique is a reflection of the public exposure fitness centres were getting from the gym-mirror selfie crowd. At some of these clubs, members exit through gift shops where everything from candles and cashmere gloves to baby onesies embossed with club lingo are sold.

MacNeill sees this rise of public displays of fitness as a kind of New-Age "conspicuous consumption." "It was a criticism of the leisure class (in the 1800s), those

who had inherited all their riches and were able to have very public displays of their leisurely life, to be able to go to the horse races, to play polo," says MacNeill.

"To some degree, the phenomenon of people putting Instagrams up is a new version of conspicuous consumption — 'I'm in this gym and you're not.'"

\$3 billion

Canada's growing industry of fitness clubs is worth \$3 billion, according to recent data from research firm Ibis.

Indeed, there are a lot of people who are not in those gyms which require deeper pockets than the monthly membership fees of \$10 to \$20 a month (Hone Fitness, Planet Fitness, Fit4Less, World Gym) to \$35 to \$65 a month (Snap Fitness, GoodLife, LA Fitness, YMCA). These centres offer similar workouts, but provide fewer if any "high-end" amenities.

Rod Macdonald, vice-president of canfitpro has worked in both the commercial and non-profit fitness worlds. He found a kind of "tribalism" or desire for a sense of belonging is seen in all areas, no matter the membership fee and follower count on Instagram.

"The more someone feels like they really belong somewhere," says Macdonald, "the more likely they are to stay and be advocates for the tribe."

Superfan Graham is ready to join. "I've never felt the way I did after a SoulCycle class," she says — elated, unstoppable, her "best self."

After spending upwards of \$50 on two workouts, she says the sweat and lifestyle are worth the price. "You get what you pay for."



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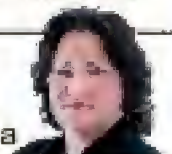
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Making most of 'Make Do Month'

ADVICE

Stretching out resources in January helps set smart tone

Gail
Vaz-Oxlade
For Metro Canada



Still coming to terms with the excesses of the holiday season? You're not alone.

Despite resolutions to not go into January with debt, loads of people find themselves hesitant to open up their credit card statements. With debt to deal with, higher hydro bills and ever-rising food and gas prices, it's time to focus on ways to trim back.

Welcome to Make Do Month: It's the month when you stretch everything a little farther so you spend a lot less. You'll scoop the last drop out of every bottle or jar. You'll dig to the back of your food cupboard to use up the noodles, the soup, the bag of beans. And you'll go through your freezer and eat everything that's been sitting there for the past six months. (Hey, don't let a little freezer burn scare you off. Turn it into soup!)

January is also a good month to experiment with a new routine as you make do. Used to buying coffee every day as you head to work? Brew your own at home or work and save big-time. Go out for lunch? Brown-bag it four out of every five days so you have the money to pay off that holiday debt.

If you have family or friends whose birthdays fall in January, committing to Make Do Month means you won't rush out and buy a present. Instead, you'll find a way to give something of yourself instead. Make their favourite cookies, offer to cook a meal or a bunch of meals for the freezer for those extra busy workdays, or create a coupon for free babysitting. Maybe you're a computer genius and can offer to do maintenance or repairs. Perhaps you're a mechanic and can offer a tune-up. Substitute your energy for spending money.

While you're being frugal and using up all your stuff so you don't have to spend money in January, why not inventory the things you seem to have a lot of: screws, magazines, nail polish, face creams, shampoo, books, yarn, scrapbooking supplies. Measuring your abundance and committing



January is a good month to dig a bit deeper into your food cupboard and use up what's been sitting at the back. iStock

to buying nothing more until you've used up what you have is a great way to take Make Do Month and make it a year-long way to save money.

After the buzz of the holidays you'll no doubt be happy to stay home for the first couple of weeks. Then you may start feeling itchy. You've got to get out. You can feel the walls closing in.



Used to buying coffee every day as you head to work? Brew your own at home or work and save big time. Go out for lunch? Brown-bag it four out of every five days so you have money to pay off that holiday debt.

Before you hit that great new restaurant that just opened up or head out to the clubs, remember that January is Make Do Month. Call up a couple of friends and throw a potluck dinner instead. My girlfriend Annie asked all her invitees to bring a dish from their cultural heritage. I showed up with oxtail soup and partook in everything from cabbage rolls to kafta.

January is a great month to start a tradition of once a month game or poker night and rotate from one friend's home to another. No one says you can't have fun in Make Do Month. You just can't spend gobs of money.

Make a conscious decision to stretch every dollar as far as it'll go. Try it and see if just becoming conscious saves you money.

I'll bet you're pleasantly surprised.

For more money advice, visit Gail's website at gailvazoxlade.com

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JOHANNA SCHNELLER
WHAT I'M WATCHING

Greatest show (of strength) on Earth...

THE SHOW: The Women's March on Washington
THE MOMENT: The Mall

I thought the show was going to be the rally.

On a stage somewhere near Independence Ave. and Third Street in Washington DC, dozens of speakers would address a crowd (they expected 250,000). I thought I'd be listening to Gloria Steinem, Michael Moore, America Ferrera. Janelle Monae talked to the Mothers of the Movement, who'd lost children to police violence.

But my group of seven, who'd flown down from Toronto, couldn't get near it. We came close: We talked our way behind a barricade, which happened to be the spot where celebs were hustled after they spoke.

Here came Cher, shaking hands with the crowd. Alicia Keys and Jake Gyllenhaal (sporting a bushy beard) stuck to their security men. But we gave up on trying to see the

stage. There were simply too many people.

So we headed for the Mall, DC's front lawn. We stepped out of the tree line, and my knees buckled. A solid wash of humanity, hundreds of thousands, mostly female, stretched as far as one could see, sporting pink pussy hats and carrying witty signs (my favorite: Putin wearing an American "I Voted" sticker). We knew it felt big, but we had no idea it was this big. This was the show.

No matter how crowded it became — and where barricades made bottlenecks, it was dangerously crowded — people stayed calm. They smiled, they made room, they chatted. A million souls, myriad intentions, but one mood. The biggest political protest in U.S. history. The greatest show (of strength) on Earth.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

No more cartoon clichés of nerds and sex bombs

FILM PRODUCTION

Women in animation lead the revolt

The California Institute of the Arts was created partly by Walt Disney's desire to bring more top-flight animators into the profession. And it has during its 47 years, though for a long time almost all were men.

Now, nearly three-quarters of CalArts' more than 250 animation students are women, and there's a new goal: ensure that when they land jobs, they get to draw female characters reflective of the real world and not just the nerds, sex bombs, tomboys or ugly villains who proliferate now.

"Male villains, for example, can be any shape or size. But female villains are usually in their menopausal or postmenopausal phases. They're older, they're single, they're angry," said Erica Larsen-Dockray, who teaches a class on The Animated Woman for CalArts.

"Then you have the innocent princess, whose waist is so small that if she was actually alive, she wouldn't be able to walk."

To call attention to that, CalArts has played host the past two years to The Animated Woman Symposium on Gender Bias. This year it focused on the roles of Sidekicks, Nerd Girls, Tomboys and More.

During a recent raucous two-hour symposium, nearly a dozen student researchers who spent months watching cartoons and reading comic books questioned why almost all female sidekicks look like nerds. Also why female heroes like Kim Possible are over-the-top beautiful. And why there are so few gay, lesbian and transgender characters.

"What are nerd-girl stereo-



Ajani Russell poses with her artwork **Female Figures** prior to the **Animated Women** symposium at California Institute of the Arts, created partly by Walt Disney's desire to bring more top-flight animators into the profession. MARK J. TERRILL/THE ASSOCIATED PRESS

types? They have glasses, they're shy, they're awkward, they have some freckles going on," said film-video student and artist Madison Stubbs as she flashed drawings of several, including two of the most popular: Velma from Scooby-Doo and Meg Griffin of Family Guy.

"And we have Tootie from Fairly OddParents," Stubbs said of the long-running Nickelodeon cartoon show's pig-tailed, braces-wearing, bespectacled sidekick. "Basically, she's just in the show

to go, 'Oh, Timmy. I want you. Why do you ignore me?'"

There's a reason for such drawings and scenarios, said Marge Dean, president of the industry group Women in Animation: Men still fill animation's writing rooms and director's chairs.

"Many, many, many women are going to animation schools. At CalArts, it's over 70 per cent. But yet if you start looking at women in creative roles, the last number we have is only 22 per cent," said Dean.

In an effort to boost those numbers, CalArts faculty invites studio representatives to campus for events like portfolio days and maintains a close relationship with groups like Dean's, which is pushing the studios to have a creative workforce of half women and half men by 2025.

CalArts alumni have directed nine of the 15 Oscar-winning

animated feature films since that category was created in 2002. Only two of those 15 films had female directors. Both of them, Brenda Chapman and Jennifer Lee, are CalArts graduates.

Dean believes the landscape will change as the popularity of animation continues to grow. Three of last year's top 10 box office films were animated — Finding Dory, Zootopia and The Secret Life of Pets. None were directed by women.

To make real change, students entering the animated world must demand it, said Stacey Simmons of the production company Stoopid Buddy Stoodios.

"The only way you're going to change it is to keep doing it," she said. "The industry itself has changed a lot, but it has not changed at the same rate the country has."

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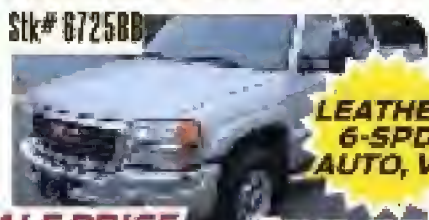
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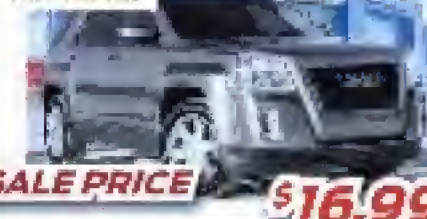
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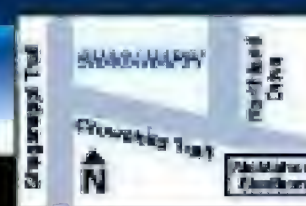
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Reel politics of horror movies

CULTURE

Best genre films made in time of social upheaval

Chris Alexander
For Metro Canada



There are a great number of human beings on the face of this planet who dreaded Inauguration Day. For them, it was an affirmation that, despite the progress we've made globally as a civilization, a certain kind of regressive thinking has trumped all. A day on which an allegedly sexist, xenophobic, socially volatile Twitter bully becomes the leader of the free world.

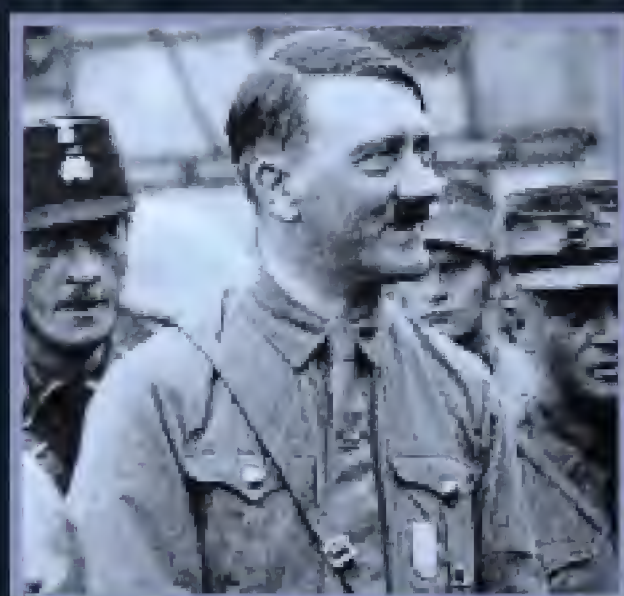
While you cannot rightly predict the future, a majority of those in the arts are aghast at what may come. The good news: When creative types are afraid, their juices start-a-flowing. And, if said types just happen to make horror movies, well, buckle up, suckers! Horror history has proven the greatest and most influential movies in the genre sprout up when there is social and political unrest.

World War II

While Hitler was taking over Europe in the 1930s, many of the key expressionist filmmakers in Germany fled to Hollywood, where they were hired to make the first wave of American horror films. They included cinematographer Karl

Rise of Hitler

During the early days of cinema in Germany, when filmmakers were inventing a sort of style later dubbed "expressionist," they were mirroring their anxieties over the rise of **Adolph Hitler** and his Nazi Party, of which he became leader of in 1921. One of the most influential films from this period was F.W. Murnau's nightmarish adaptation of *Dracula*, 1922's **Nosferatu**, which features the dreaded Count Orlock (Max Schreck) bringing death, misery and rat-spread plague to an unsuspecting people. Whether intentional or not, the vampire exemplifies the coming of evil and how powerless society felt to stop its rise.



Freund who would direct such essential films as 1932's **The Mummy** (the likes of which will see a re-make released this year). Though more romantic in nature, the monster movies of the 1930s tapped



into the unease of a country that feared that transformation was coming, that the Frankenstein monster was a First World War-defeated Germany rising to get revenge.

Post War

As the Second World War progressed, the supernatural horror film gave birth to the morally ambiguous and wildly cynical films of the "noir" subgenre, in which human monsters were a far more urgent threat on the home front.

MOVIE IMAGES: HANDOUT PHOTOS; ALL OTHERS PHOTOGRAPHS: GETTY IMAGES

Today's anxieties

B-Movie legend Roger Corman has just released the film *Death Race 2050*, a violent, satirical sequel to his equally outrageous 1975 cult favourite *Death Race 2000*. Both films depict a blood-hungry, disenfranchised America addicted to a car-racing game show that sees its WWE-esque driver/gladators mowing down the weakest pedestrians for extra points and audience enthusiasm.

"I felt the time was right for another *Death Race*," 90-year-old Corman said about the film, which features a Donald Trump-esque dictator (played by a comb-over sporting Malcolm McDowell) lordling over the country, now called *The United Corporations of America*. "I am worried about what is happening now, let's put it that way. But I believe in the Constitution. I believe strongly that the values of the American Constitution will prevail."

Since Corman, who has made hundreds of movies over the past 60 years, has seen numerous governments and politicians rise and fall, we are cautiously optimistic he's right.

No matter what happens, many film fans are intrigued to see the inevitable wave of confrontational and reflective horror films to come — like Jordan Peele's race-based shocker *Get Out*, in which a young black man becomes trapped in a secret white suburb that turns its African American residents into mindless, grinning drones; or the socio-political zombie movie *The Girl With All the Gifts*, wherein a dying world under siege by a fungal zombie plague uses its infected children as test subjects and worse; and the health-care allegory *A Cure For Wellness*, in which a sinister high-end spa keeps its patients deathly sick so that they'll never, ever leave. The world may be going mad, but macabre moviemaking is alive and thriving.



Roger Corman

When the war ended with a nuclear explosion, the Japanese gave us **Godzilla** (1954), a long-dormant, city-levelling mutant woken up by the bombing of Hiroshima. America answered with

their own brand of radiated beasts, like the giant ants in 1954's *Them* and an endless spate of apocalyptic horrors that only got more savage as the Cold War raged and fears of impending nuclear holocaust became a palpable reality.



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VISION



The Red Scare

With the Cold War came **Senator Joseph McCarthy's communist witch hunt** and the terror of losing one's identity. On screens were paranoid "alien invasion" movies like 1956's **Invasion of the Body Snatchers** (with "pod people" dehumanizing average citizens) and later Rod Serling's influential TV series *The Twilight Zone*, which features such episodes as *The Monsters are Due on Maple Street*, where a terrified neighbourhood tears itself apart when the lights go out and their machines stop working.

Vietnam War

With the start of the Vietnam War, American families were treated to daily scenes of death and misery in their homes on the six o'clock news. The Civil Rights movement swelled, too, with the lid ripped off the seething sheen of racism that lurked everywhere. Horror films answered the reflective mood. **George A. Romero's landmark 1968 horror movie *Night of the Living Dead*** had an African American hero who is killed at the climax. Though Romero claims the movie was not intentionally political, as he was driving to New York for its premiere, he turned on the radio to learn that Martin Luther King had been assassinated. Intentional or not, art was reflecting life.



'80s and '90s



Despite the ire raised by angry censors and religious groups, the slasher movies of the **Ronald Reagan-era 1980s** (like *Friday the 13th* and ***Nightmare on Elm Street***) were in fact incredibly conservative. In them, young people who transgress and sneer at conservative values are cut to ribbons while only the virginal and virtuous survive. In the 1990s, with George H.W. Bush and the Gulf War, *Scream* (1996) tapped into the pulse of cynical, disenfranchised youth who were no longer so naïve.

Meet the boogeyman for the viral generation



Slender Man is a character born online, created by committee through fanfiction and web forums. HBO VIA AP

TELEVISION

Slender Man doc explores Internet myth's real-life horror

Irene Taylor Brodsky was getting frustrated while working on her latest HBO documentary, investigating how the Internet was impacting kids' brains. Then she heard about Slender Man.

She was in her studio when she received an email from HBO with a link to an article about Morgan Geyser and Anissa Weier, two 12-year-old girls in Waukesha, Wisc., charged with stabbing their 12-year-old friend Payton Leutner 19 times. (She lived.) They'd allegedly been inspired by the Slender Man, a character born online, created by commit-

tee through fanfiction, forums and other web-born whispers. The police report said they believed that if they killed Leutner they would be appointed to serve Slender Man as "proxies."

"I wrote back within 10 minutes and said, 'I guess this is our film, huh?'" Brodsky says.

She spent the next two years exploring the "Slenderverse," the term coined for the Slender Man universe of stories, YouTube videos, video games, fan art and creepypastas (the shiver-inducing branch of cospasta, so named because you copy and paste to share them online). The finished doc, *Beware the Slenderman*, uses police interviews, court video and interviews with the accused girls' parents to get inside the heads of the incarcerated adolescents, who will be tried as adults later this year. It airs on HBO Canada Monday at 10 p.m.

"The more he went viral, the more (people) were able to put (their) own iteration of him out there," Brodsky says of the browser boogeyman. "And you could argue that this film that includes the story of these girls is my iteration of him. That's the way that I understand him."

Slender Man, a tall, thin, faceless figure in a suit, was first developed by artist Victor Surge, the alias of an American named Eric Knudsen, for a Photoshop competition on millennial slack site SomethingAwful.com. He submitted two vintage black-and-white photos of a group of children outdoors, the figure rendered as a blur lurking in the background. The character has since become the inspiration for a world of creepy creations online.

While many adults will give you a face as blank as Slender

Man's when the meme is mentioned, Brodsky quickly learned how engaged its school-aged target audience is. "The sheer volume and the number of likes that his fanfiction gets, that his images get, that the videos about him get, that validates him in kids' minds," she says. "The virality is what proves it worthy."

The next big share will come from Hollywood after reports that *Stomp the Yard* director Sylvain White will direct a Slender Man film for Sony's Screen Gems.

The Wisconsin tragedy has doubled as macabre publicity for Slender Man's entree into the mainstream. "It's in the pop culture language, so half the work is done," Alexander says.

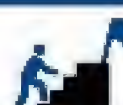
"They don't need to convince audiences of this new figure, this new boogeyman. Because he already exists."

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YOU CAN DO THIS AUDIO ENGINEER

A different playlist every day

WHY I LIKE MY JOB

Daniel Horton, 40, audio engineer at the Eggplant Collective, Toronto.

At first, I wanted to be a musician or work in the field of recording music. In 2001, I went to Toronto's Harris Institute, which specializes in music and arts (diplomas). I quickly learned music was only one component — there's lots of opportunities in commercial and long-form work for audio engineers. So while my initial path was music, I've branched out into doing commercial work.

I spend a lot of time doing sound effects or sound design, fixing music supplied by a composer, mixing tracks, recording voices or voiceovers and putting all the pieces together for our clients.

I like my job because I get to experience different challenges every day. Something is always new, and I'm not bogged down working on the same project for months on end.



THE BASICS: Audio engineer

\$48,948

Median annual salary for an audio engineer. Those with advanced training and experience can expect to earn upwards of **\$75,000** per year.

+8%

Projected growth rate over the next eight years.

Data for this feature was provided by payscale.com, trade-schools.net, onetonline.org and barklee.edu.

HOW TO START

There is no set standard to breaking into audio or sound engineering. Many jobs will require some form of post-secondary school, such as a trade program or college diploma, where you study the different technologies involved in sound recording and editing, as well as theory of audio production. There are a few specialized colleges, such as the Harris Institute or the Recording Arts Canada, which offer diplomas and certificates specifically in audio-related fields. With the ever-changing nature of digital and audio equipment, on-the-job training is common.

WHERE YOU CAN GO

Audio and sound engineers can expect to find positions in most major metropolitan areas where there is a commercial, film or music industry. Toronto and Vancouver, with their heavy concentration of advertising agencies and film productions, are hotbeds for the practice.

NEXT CAREER STEP

There are a number of different career paths for audio engineers, including live concerts, voiceover work, sound effect creation, pure sound editing (for films, TV shows and commercials) and, of course, music production.

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"If our children would've said it, we would have grounded him for six months": Spurs coach Gregg Popovich on Donald Trump

Ryan and Falcons dig their talons into Packers

NFL PLAYOFFS

Atlanta makes it to the Super Bowl for just second time

Matt Ryan tumbled into the end zone, slammed the ball to the turf with a thunderous spike, and let out a scream that showed just how much he wanted this game.

He wants the next one even more.

With another MVP-worthy performance and plenty of help from Julio Jones, Matty Ice guided the Atlanta Falcons to a 44-21 rout of the Green Bay Packers for the NFC championship Sunday, a showing that erased any doubts about whether Ryan can win the big games.

In his ninth season, he's finally headed to his first Super Bowl. Call him Super Matty.

"We'll enjoy it because it's hard to get to this point. I know that from experience," Ryan said. "But our ultimate goal is still in front of us."

The Falcons (13-5) will face

New England on Feb. 5 in Houston, just the second Super Bowl appearance in Atlanta's 51-year history. Eighteen years ago, they lost to Denver in John Elway's final game.

Ryan threw for 392 yards and four touchdowns, but it was his 14-yard scoring run — his first TD on the ground since 2012 — that really set the tone.

Jones was right in the middle of things, too. After barely practising during the week because of a lingering toe injury, he finished off the Packers with a 73-yard catch-and-run on Atlanta's second snap of the second half, pushing the lead to 31-0 and essentially turning the rest of the Georgia Dome finale into one long celebration.

"He's a beast," Ryan said. "I've been lucky to play with him as long as I have."

He was impressive today. I know he wasn't feeling his best, but he's a warrior."

Jones finished with nine catches for 180 yards and two scores, which included a toe-dragging catch for a five-yard touchdown with three seconds left in the first half, sending the Falcons to the locker-room up 24-0.

NFC CHAMPIONSHIP



Packers quarterback Aaron Rodgers attempts a pass as he is hauled down by Grady Jarrett of the Falcons in Atlanta on Sunday. ROB CARR/GETTY IMAGES

After the break: the play that showed every one of Jones' remarkable skills. He blazed down the middle of the field, shook off LaDarius Gunter's attempt to grab him on a cut toward the sideline, hauled in the pass from Ryan, broke Gunter's diving attempt at tackle, and defiantly knocked away Damarious

Randall's with a brutal stiff-arm.

Atlanta's defence, an afterthought compared to the other side of the line, kept the Packers out of the end zone until the game was essentially locked up. Packers QB Aaron Rodgers finished 27 of 45 for 287 yards and three TDs, but he also threw an interception. THE ASSOCIATED PRESS

AFC

Tom Brady threw for 384 yards and three touchdowns to lead New England back to the Super Bowl with a 36-17 win over Pittsburgh.

FIGURE SKATING

Canada stacks its team for worlds

Canada's team for the world figure skating championships boasts 17 world medals between them.

With the return of ice dancers Tessa Virtue and Scott Moir, along with Patrick Chan and pairs skaters Meagan Duhamel and Eric Radford, Canada will send one of its strongest teams ever to the world championships in Helsinki in March.

The team was named Sunday after the Canadian figure skating championships.

"It was a great week," said Skate Canada's high performance director Mike Slipchuk. "When it came time to select the team, it was pretty clear. It was nice to see our defending champions skate the way they did."

Chan, a three-time world champion, and Kevin Reynolds of Coquitlam, B.C., were named to the team in men's singles. The announcement came a day after Chan won his ninth national title.

Kaetlyn Osmond of Marys-town, N.L., and Gabrielle Daleman of Newmarket, Ont., will compete in women's singles.

Virtue and Moir, who are two-time world champions and six-time medallists, plus double world medallists Kaitlyn Weaver and Andrew Poje of Waterloo, Ont., as well as Piper Gilles and Paul Poirier of Unionville, Ont., will represent Canada in ice dance.

And two-time world champions Duhamel and Radford lead a trio of pairs teams that include Toronto's Lubov Ilyushechkina and Dylan Moscovitch as well as Julianne Seguin of Longueuil, Que., and Charlie Bilodeau of Trois-Pistoles, Que.

THE CANADIAN PRESS

ALPINE SKIING

Calgary's Read sets new personal best

Some well-timed paternal advice helped downhill skier Erik Read to the best finish of his career.

Read's father, Canadian skiing legend Ken Read, spoke to his son after qualifying in the first run of the World Cup slalom Sunday at the famed course in Kitzbuehel, Austria. Erik Read was 4.55 seconds faster in his second run, finish-

ing seventh in a total of 1:47.15.

"He likes to stay away from it, but after my first run, I'd qualified, and he came over and said 'let it rip now that you're in there,'" said the younger Read, who is from Calgary. "It's pretty cool to do it here in Kitzbuehel, especially with the history my dad's had here."

THE CANADIAN PRESS

3
Read has three top-10 finishes in World Cup events this season.

IN BRIEF

No. 1 seeds in singles fall at Australian Open

It was tough at the top for Andy Murray and Angelique Kerber on Sunday at the Australian Open, with both the No. 1 seeds going out in fourth-round upsets.

Five-time finalist Murray lost 7-5, 5-7, 6-2, 6-4 to No. 50-ranked Mischa Zverev in the afternoon match on Rod Laver Arena, and defending women's champion Kerber lost 6-3, 6-2 to CoCo Vandeweghe in a night match.

THE ASSOCIATED PRESS

NHL

Penguins continue their roll at home

Conor Sheary scored two goals, Sidney Crosby added his league-leading 28th and the Pittsburgh Penguins won their fourth straight game, 5-1 over the Boston Bruins on Sunday.

Pittsburgh led 2-1 through two periods before breaking out in the third with three goals in a span of two minutes and 57 seconds.

Sheary scored his 17th and has nine goals in nine games. Bryan Rust added his 12th and Patric Hornqvist his 11th for

SUNDAY in Pittsburgh

5 PENGUINS **1** BRUINS

the Penguins, who won a season-high seventh straight at home.

Pittsburgh, the NHL's best home team, is 13-0-1 in its last 14 home games.

THE ASSOCIATED PRESS



Patrick Chan GETTY IMAGES

Crash claims Royals' 'Ace'

MLB

Ventura latest player to die in road accident in Dominican

Yordano Ventura quit school as a teenager so he could begin working a construction job to help his family make ends meet, labouring day after day in the hot sun of the Dominican Republic.

It was a chance tryout with the Kansas City Royals that changed the trajectory of his life.

Yordano wowed scouts with an electrifying fastball, the best they had seen in years, and a confident demeanour that bordered on brash and arrogant. And both of those traits served him well as he rocketed to the majors, helped the Royals win a World Series in 2015, and became one of the most popular players in Kansas City.

Ventura, whose nickname "Ace" fit so perfectly, died Sunday in a car crash on a stretch of highway near the town of San Adrian in his native Dominican



Yordano Ventura GETTY IMAGES

Republic. He was 25.

"Our team and our organization is hurting deeply," Royals general manager Dayton Moore said. "It's certainly something that puts everything into strong

perspective, and challenges us all to never grow tired or weary or cease to do what is right, and loving others. Nobody is guaranteed tomorrow.

"We loved Yordano," Moore

said. "We loved his heart, we loved who he was as a teammate, a friend. He was somebody that challenged us all and made us better and I'm going to miss him."

"Nobody is guaranteed tomorrow."

Royals GM Dayton Moore

Highway patrol spokesman Jacobo Mateo said Ventura died on a stretch of highway northwest of Santo Domingo, the nation's capital. Mateo did not say whether Ventura was driving.

He's the second star pitcher to die in past four months. Marlins ace Jose Fernandez was 24 when he was killed along with two other men in a boat accident near Miami Beach in September. Also Sunday, former major league infielder Andy Marte died in a separate car accident in the Dominican Republic.

The Dominican Republic has the second-highest traffic-related death rate in the world — officials there believe alcohol, speed and a blatant disregard for traffic laws is to blame. Oscar Taveras, Jose Oliva, Rufino Linares and Jose Uribe are among players who have died in crashes in the country.

THE ASSOCIATED PRESS

GOLF

Swafford wins first PGA title

Hudson Swafford won the fittingly named CareerBuilder Challenge on Sunday for his first PGA Tour title, following three straight birdies with a closing par for a one-stroke victory.

Swafford shot a 5-under 67 on the Stadium Course at PGA West to finish the three-course, pro-am event at 20-under 268. Adam Hadwin of Abbotsford, B.C., came back with a 70 after his third-round 59 to finish second.

Brian Harnan and Bud Cauley each shot 69 to tie for third at 18 under.

Swafford tied Cauley for the lead with a 12-foot birdie putt on the par-4 15th, then pulled away on the 16th and 17th — a day after he dropped three strokes.

On the par-5 16th, he hit a 3-wood to 12 feet — staying out of the 18-foot deep bunker that he hit into Saturday en route to a double bogey — and two-putted to take the outright lead. He then hit to 1-1/2 feet on the par-3 17, the rocky island green called Alcatraz.

THE ASSOCIATED PRESS

GOLF

Fleetwood holds off champions in Abu Dhabi

Tommy Fleetwood looked at the leaderboard and saw three of the biggest names in golf among the players hunting him down in the final holes of the Abu Dhabi HSBC Championship on Sunday.

Rather than unnerve the Englishman, it spurred him on.

Fleetwood produced his best stretch of golf all week when it mattered most, a back nine of 31 completing a 5-under

67 — the lowest score of the day — and a one-shot victory over the strongest field that the European Tour compiles.

Dustin Johnson, Henrik Stenson and Martin Kaymer, all recent major winners,

couldn't keep up with Fleetwood, who ended his 3-1/2-year wait for a second European Tour title.

"At the end of the day, they are world beaters," the 26-year-old Fleetwood said.

"They know how to get it done and they know what they are doing when they get up there."

"It's a very big deal to prove yourself against some of the world's best."

THE ASSOCIATED PRESS



Tommy Fleetwood

GETTY IMAGES

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IN BRIEF

Hull's Mason 'stable' after fracturing skull vs. Chelsea

Hull midfielder Ryan Mason underwent surgery after fracturing his skull during a clash of heads during a Premier League match at Chelsea on Sunday.

The 25-year-old Mason "is in a stable condition and is expected to remain in hospital for the next few days," Hull said in a statement after its 2-0 loss to the Premier League leaders.

THE ASSOCIATED PRESS

Laine back to full contact

Patrik Laine took a step toward returning to action on Sunday. He skated in his first full-contact practice with the Winnipeg Jets since suffering a concussion Jan. 7. He had resumed on Wednesday but Sunday was his first practice without a no-contact jersey.

THE CANADIAN PRESS

Suns hand Raptors third straight loss

Eric Bledsoe poured in 40 points and Devin Booker added 20 more as the Phoenix Suns beat Toronto 115-103 on Sunday to hand the Raptors their first three-game losing skid in over a year. Toronto led by eight in the fourth quarter but the Suns used a 20-7 run to take control.

Sri Lanka levels series against South Africa

Angelo Mathews smashed two sixes in the final over to keep the Twenty20 series alive as Sri Lanka beat South Africa by three wickets Sunday. After dismissing South Africa for 113 in 19.3 overs, Sri Lanka scored 119-7 to win the second T20 international with two balls to spare to even the series 1-1.

THE ASSOCIATED PRESS

MAKE IT TONIGHT

Sunny Shrimp Tacos



PHOTO: MAYA VISNIE

Ceri Marsh & Laura Keogh
For Metro Canada



These tacos are fresh and bright enough to bring the sun out on a winter day.

Ready in 40 minutes

Prep time: 30 minutes
Cook time: 10 minutes
Serves 4

Ingredients

- 1 lb peeled, deveined shrimp
- 1 Tbsp olive oil
- 3 cloves of garlic, minced
- 1 tsp cumin
- 1/2 tsp chili powder
- 1/4 tsp salt
- 8 tortillas
- 3 Tbsp lime juice
- 1/4 head of red cabbage
- 2 Tbsp lime juice
- 4 Tbsp sour cream
- 2 Tbsp lime juice
- A good pinch of salt
- Sliced radishes, avocado

Directions

1. Peel and devein shrimp and rinse under cold water. In a shallow bowl, mix oil, garlic, cumin, chili, salt and toss in shrimp. Refrigerate for 15 minutes.
2. Preheat oven to 200 degrees. Wrap tortillas in damp paper towel, place in oven. Slice the cabbage and toss in a bowl with 3 Tbsp lime juice, olive oil and salt to taste. In a small bowl, mix sour cream, 2 Tbsp lime juice and a pinch of salt to make a crema.
3. Heat skillet to high, add a little olive oil. Add half the shrimp. Cook until you see pink around the edges. Flip over and cook briefly until shrimp are pink and opaque. Repeat with second batch.
4. Place everything on table and let people build their own tacos.

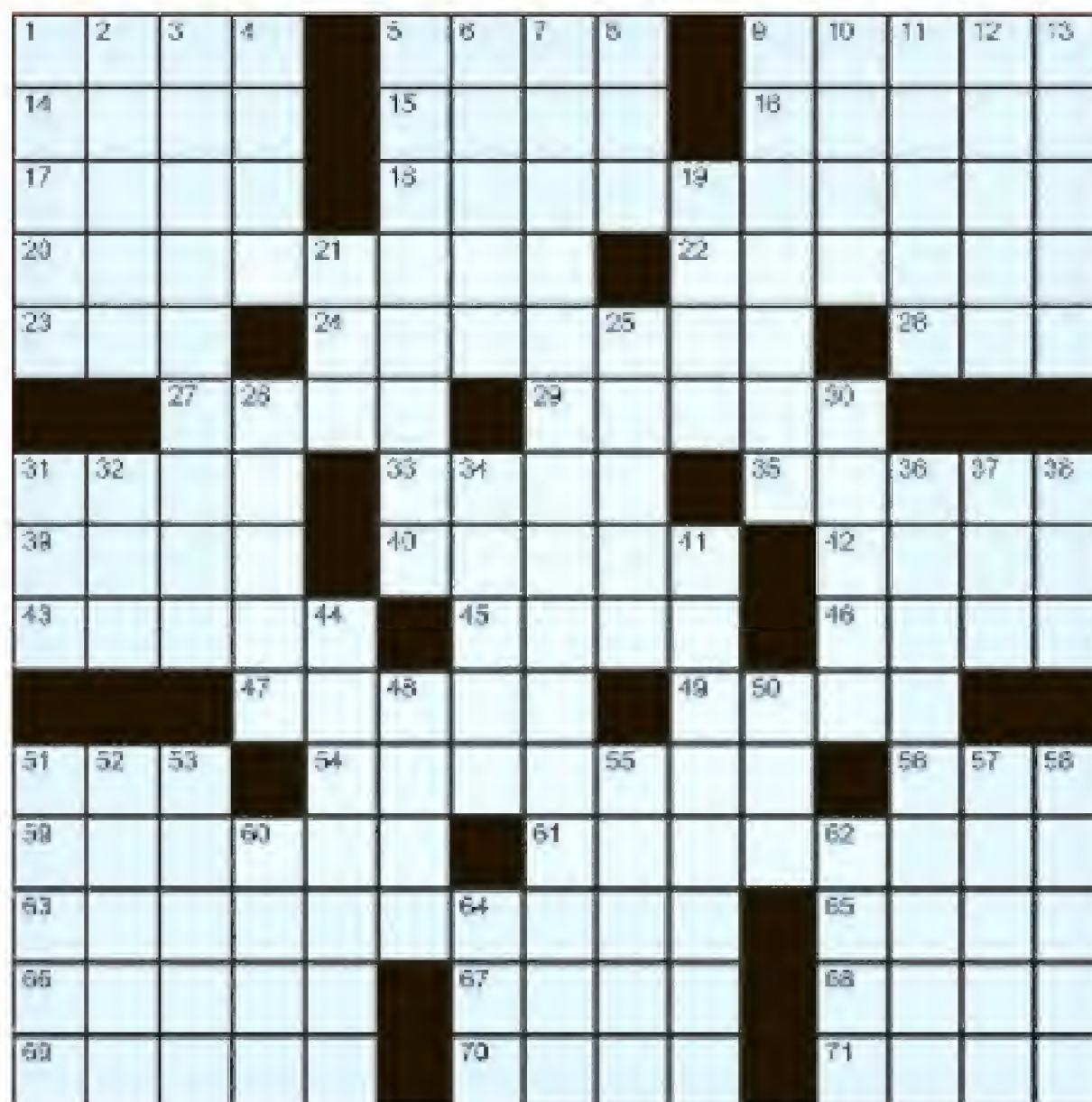
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ACROSS

1. Biblical beau
5. Skin cream ingredient, _ butter
9. Legal garbs
14. Belonging to me
15. Paper _ (Pen brand)
16. Montreal 'student'
17. Prince _ (Alexander Borodin opera)
18. Surgery pain-preventer
20. Driver's shade from rays: 2 wds.
22. Pre-ninth inning in baseball
23. "The _ Who Loved Me" (1977)
24. Pensive person
26. 1984: "Strut" Scottish singer ...her initials-sharers
27. Travel by dog sled
29. Goose, in Latin
31. PC picture
33. Inactive
35. Tenet
39. Glorify
40. Electrical pioneer Nikola
42. The _ Mountains (Range in Russia)
43. Dermatologist's device
45. "To Sir, with Love" (1967) star
46. Savings = _ egg
47. Sherwood's Mr. Hood
49. Sassiness, in slang
51. Energy unit
54. Management Land, say
56. Peacock TV station



59. Lisa's "Friends" character
61. Carmen's aria in Georges Bizet's opera
63. Accordion-like instrument
65. Court hearing
66. _ _ the other (Not both)

67. Slowly advance
68. Rupture
69. Sea swallows
70. CCR's "Have You Ever _ the Rain"
71. Whirl in the water

DOWN

1. Not quite right
2. Unearth: 2 wds.

3. Like an unknown benefactor
4. "Jeopardy!" creator Mr. Griffin
5. Chart-topper: 2 wds.
6. Capital of Vietnam
7. Weather in Jim Carrey's "Spotless Mind"

- movie: 2 wds.
8. Bronze Roman money
9. Got the job back
10. Mr. Cassini (He outfitted President Kennedy's wife)
11. "2 Broke Girls" actress Ms. Behrs, and namesakes

12. Web-sent party notice
13. Six, in Munich
19. Casual tops
21. Possessive pronoun
25. Sad-sounding ring
28. Beneath
30. Theatre in the _
31. Chicago's I/I state
32. Canuck motorists org.
34. Cold cuts counters, commonly
36. Like the Lady in American band Sugarloaf's 1970 song
37. Pas' wives
38. Elevation, for short
41. Germany's famous highway
44. Cops and _
48. Second _ War (1899 to 1902 conflict)
50. Ms. Thurman
51. Walt Disney World attraction in Florida
52. Winery river valley in France
53. One whose goose is cooked
55. Do the tango
57. Butter's best friend
58. Tote
60. Business subj.
62. Whole, as in music
64. Poetic contraction

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a good day to ask your boss for a favour. It will be easy for you to make him or her feel sympathetic to your cause.

Taurus April 21 - May 21
Because your imagination is heightened today, you will be delighted with unusual stories and meeting people from other cultures. You want to learn more.

Gemini May 22 - June 21
If you decide to share something today with someone, you will be sympathetic to his or her situation. (Make sure you respect your own needs.)

Cancer June 22 - July 23
In conversation with partners and close friends today, you will be caught up with idealistic values. You will want what's best for the other person.

Leo July 24 - Aug. 23
Co-workers might ask for your advice or want to share a hard-luck story with you. This is because people sense that you are sympathetic today.

Virgo Aug. 24 - Sept. 23
Because your imagination is heightened today, you will enjoy the creative efforts of others. You also will be creative in your own approach to something today.

Libra Sept. 24 - Oct. 23
During a discussion with a family member, you will quickly see what it is like to be in his or her shoes. This is why you will be compassionate.

Scorpio Oct. 24 - Nov. 22
Don't worry if you spend a lot of time daydreaming today. It's just one of those days. It's also easy for you to visualize things today.

Sagittarius Nov. 23 - Dec. 21
If shopping today, you will be tempted to buy luxurious items you might not be able to afford. Just remember that after the temptation wears off, you are stuck having to pay this bill.

Capricorn Dec. 22 - Jan. 20
You feel truly sympathetic for others today. This is why you will go out of your way to help someone, or at least, listen to his or her story. Be wary of crocodile tears.

Aquarius Jan. 21 - Feb. 19
Today you will be inclined to put the wants and needs of others before your own, because you feel sympathetic.

Pisces Feb. 20 - March 20
A friend may ask for your help today, or you might ask a friend to help you. Either way, people are supportive of you today, and they hope you will be the same toward them.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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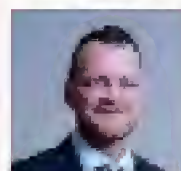
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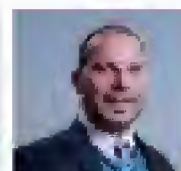
GERRY WOOD
PRESIDENT
WOOD AUTO GROUP



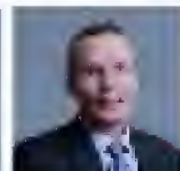
ROB COLEMAN
DEALER PRINCIPAL
21 YEARS



DARCY SCHINNOUR
SALES MANAGER
20 YEARS



MARTIN VENNERRI
SALES MANAGER
10 YEARS



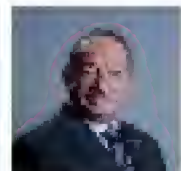
SCOTT CLAY
6 YEARS



JOHAN DEDEUGD
11 YEARS



HAN KIM
25 YEARS



JOE CHIARIZIO
49 YEARS



AARON SHOWIE
9 YEARS



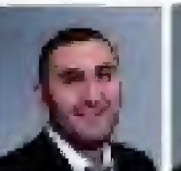
MICHAEL CYBULSKI
11 YEARS



PHIL LAWRENCE
23 YEARS



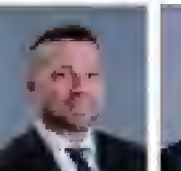
JOHN QUINLAN
14 YEARS



BILLY MANSOUR
2 YEARS



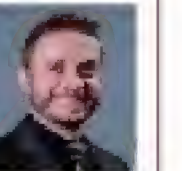
SCOTT SCHINNOUR
6 YEARS



TODD CLAYTON
8 YEARS



JIM NARFASON
FLEET MANAGER
23 YEARS



CAILEAN WOOD
SALES MANAGER
10 YEARS

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